

Speaker _____

Date _____

HOW?

321:RIQ

- 3 x Recall
- 2 x Insights
(e.g. I now realise that..., It was interesting to note that..., I was surprised to realise that... etc)
- 1 x Question



3 x Recalls



2 x Insights



1 x Question



My Action

Speaker _____

Date _____

HOW?

321:RIQ

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(e.g. I now realise that..., It was interesting to note that..., I was surprised to realise that... etc)
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2 x Insights



1 x Question



My Action
